



Ruston Linc. Parish, LA

 Follow us on Facebook!

Sundays 4/07, 4/14, 4/21, 4/28, 5/05 @ 3 pm

Jim Mize Track & Field
1312 W Alabama Ave
Ruston, LA 71251



SCORING/DETAILS

- Points awarded based on finish
- T-shirts for ALL runners
- Medals for ALL runners on Week 5
- Scan QR code and check race description on website for trophy details.

DIVISION	DISTANCE
Pre-K 2/3yr	50 Yard Dash
Pre-K 4/5yr	75 Yard Dash
K & 1st	1/4 Mile
2nd & 3rd	1/2 Mile
4th & 5th	1 Mile
6th, 7th, 8th	1 Mile

*All races will be the same distances each week.

For more information, please contact
 Sophia at 407.404.8395
 or at rustonla@healthykidsrs.org

Scan the code to
Register Today.



EARLY BIRD DISCOUNT
\$45 FULL SERIES
 FIVE WEEK SERIES*
 UNTIL THREE WEEKS FROM START DATE

\$50
 FULL SERIES*

\$20 SINGLE RACE
 WALK-UP*
 Only offered day-of

Online registration available only. No cash accepted.
 *Registration is nonrefundable

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