

Healthy Kids Running Series

River Falls, WI

Results from 10/21/18

| Pl. | Name/Race | Wk-1 | Time | Wk-2 | Time | Wk-3 | Time | Wk-4 | Time | Wk-5 | Time | Total Points | Time Improved | Best Time |
|---------------------------------------|---------------------|------|------|------|------|------|------|------|------|------|------|--------------|---------------|-----------|
| Pre-K 50 Yard Race - Boys 2/3 | | | | | | | | | | | | | | |
| 1 | Ellevold, R | 10 | | 10 | | 10 | | 10 | | 10 | | 50 | | |
| 2 | Filarsky, L | 9 | | 9 | | 9 | | 9 | | 8 | | 44 | | |
| 3 | Lipinski, J | 8 | | 8 | | 5 | | 6 | | 7 | | 34 | | |
| 4 | Ellevold, K | 7 | | 4 | | 7 | | 7 | | 6 | | 31 | | |
| 5 | Graf, C | | | 3 | | 8 | | 8 | | 9 | | 28 | | |
| 6 | Bower, B | 6 | | 5 | | 3 | | 5 | | 4 | | 23 | | |
| 7 | Filarsky, S | 5 | | 6 | | 4 | | 4 | | 3 | | 22 | | |
| 8 | Knutson, C | | | 7 | | 6 | | | | 5 | | 18 | | |
| 9 | Marzolf, L | 4 | | 1 | | | | 1 | | | | 6 | | |
| 10 | Vogel, D | | | 2 | | | | | | | | 2 | | |
| Pre-K 50 Yard Race - Girls 2/3 | | | | | | | | | | | | | | |
| 1 | Buege, M | 8 | | 10 | | 10 | | 10 | | 8 | | 46 | | |
| 2 | Andrzejczak, A | 9 | | 9 | | 8 | | 8 | | 6 | | 40 | | |
| 3 | Neumann, B | 10 | | 8 | | | | 9 | | 10 | | 37 | | |
| 4 | Kerr, A | | | 6 | | 9 | | 7 | | 9 | | 31 | | |
| 5 | Helland, E | 6 | | 5 | | 7 | | 6 | | 5 | | 29 | | |
| 6 | Brown, N | 7 | | 7 | | 6 | | | | 7 | | 27 | | |
| 7 | Hodge, V | 5 | | 3 | | 5 | | 5 | | 4 | | 22 | | |
| 8 | Brill, L | 4 | | 4 | | 4 | | 4 | | 3 | | 19 | | |
| 9 | Fredrick, E | 3 | | 2 | | | | 3 | | | | 8 | | |
| 10 | Rudesill, A | 1 | | 1 | | 2 | | 2 | | 1 | | 7 | | |
| 11 | Curtis, J | 2 | | 1 | | 1 | | | | 2 | | 6 | | |
| 12 | Wiersma, T | | | 1 | | 3 | | | | | | 4 | | |
| 13 | Minich, M | 1 | | 1 | | | | | | | | 2 | | |
| Pre-K 75 Yard Race - Boys 4/5 | | | | | | | | | | | | | | |
| 1 | Lay, C | 10 | | 8 | | 10 | | 9 | | 10 | | 47 | | |
| 2 | Kerr, M | 8 | | 9 | | 9 | | 10 | | 9 | | 45 | | |
| 3 | Hodge, M | 9 | | 10 | | 8 | | 8 | | 8 | | 43 | | |
| 4 | Boyd, C | 5 | | 6 | | 7 | | 6 | | 6 | | 30 | | |
| 5 | Lipinski, J | 6 | | 4 | | 6 | | 7 | | 7 | | 30 | | |
| 6 | Marzolf, G | 6 | | 7 | | | | 4 | | | | 17 | | |
| 7 | Hargrave, R | 7 | | 3 | | | | 5 | | | | 15 | | |
| 8 | Gilbertson-Cross, E | 3 | | | | 3 | | 3 | | 5 | | 14 | | |
| 9 | Curtis, H | 2 | | 1 | | 4 | | 2 | | 4 | | 13 | | |
| 10 | Wiersma, C | | | 5 | | 5 | | | | | | 10 | | |
| 11 | Vukovich, H | 4 | | 2 | | 2 | | 1 | | | | 9 | | |
| 12 | Vogel, G | | | 1 | | | | | | | | 1 | | |
| Pre-K 75 Yard Race - Girls 4/5 | | | | | | | | | | | | | | |
| 1 | Kaiser, I | 9 | | 9 | | 10 | | 10 | | 10 | | 48 | | |
| 2 | Deziel, S | 10 | | 10 | | 8 | | 9 | | 9 | | 46 | | |
| 3 | Olle-LaJoie, H | 8 | | 8 | | 9 | | 8 | | 8 | | 41 | | |
| 4 | Brudzinski, A | 6 | | 7 | | 6 | | 6 | | 7 | | 32 | | |
| 5 | Gilbertson, P | 7 | | | | 7 | | 7 | | | | 21 | | |
| 6 | | | | | | | | | | | | 0 | | |

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|-----------------------------------|---------------------|------|------|------|------|------|------|------|------|------|------|--------------|---------------|-----------|
| K & 1st Grade - Boys | | | | | | | | | | | | | | |
| 1 | Jensen, R | 10 | 1:42 | 8 | 1:48 | 10 | 1:41 | 10 | 1:43 | 8 | 1:40 | 46 | 0:08 | 1:40 |
| 2 | Brown, J | 9 | 1:43 | 9 | 1:46 | 9 | 1:42 | | | 10 | 1:37 | 37 | 0:09 | 1:37 |
| 3 | Carow, J | | | 10 | 1:44 | 8 | 1:50 | 9 | 1:51 | 9 | 1:39 | 36 | 0:12 | 1:39 |
| 4 | Andrzejczak, B | 7 | 1:50 | 7 | 1:48 | 5 | 1:57 | 8 | 1:54 | 7 | 1:41 | 34 | 0:16 | 1:41 |
| 5 | Kaiser, T | 8 | 1:48 | 6 | 1:50 | 7 | 1:52 | | | | | 21 | 0:04 | 1:48 |
| 6 | Gilbertson-Cross, R | 2 | 2:15 | | | 3 | 2:00 | 7 | 2:00 | 6 | 1:48 | 18 | 0:27 | 1:48 |
| 7 | Hudnall, M | 4 | 2:08 | 5 | 2:02 | 4 | 1:59 | | | 4 | 2:08 | 17 | 0:09 | 1:59 |
| 8 | Ellevold, B | 6 | 2:00 | | | | | 5 | 2:04 | 5 | 2:04 | 16 | 0:04 | 2:00 |
| 9 | Black, E | 5 | 2:01 | 4 | 2:09 | | | 6 | 2:02 | | | 15 | 0:08 | 2:01 |
| 10 | Gilbertson, L | 3 | 2:11 | | | 6 | 1:52 | 4 | 2:05 | | | 13 | 0:19 | 1:52 |
| 11 | Zweifel, F | 1 | 2:21 | | | 2 | 2:11 | | | 3 | 2:09 | 6 | 0:12 | 2:09 |
| K & 1st Grade - Girls | | | | | | | | | | | | | | |
| 1 | Mitchell, A | 10 | 1:42 | 9 | 1:45 | 10 | 1:41 | 10 | 1:38 | 10 | 1:39 | 49 | 0:07 | 1:38 |
| 2 | Buege, E | 9 | 1:43 | 10 | 1:40 | 9 | 1:43 | 9 | 1:40 | 9 | 1:41 | 46 | 0:03 | 1:40 |
| 3 | Lay, K | 8 | 1:45 | 8 | 1:54 | 8 | 1:47 | 6 | 2:01 | 8 | 1:43 | 38 | 0:18 | 1:43 |
| 4 | Wallace, L | 5 | 2:04 | 7 | 1:56 | 6 | 1:55 | 2 | 2:07 | 6 | 1:52 | 26 | 0:15 | 1:52 |
| 5 | Rems, O | 1 | 2:13 | 6 | 1:57 | 7 | 1:51 | 8 | 1:52 | 1 | 2:10 | 23 | 0:22 | 1:51 |
| 6 | Neuhaus, A | 7 | 1:54 | | | 4 | 1:57 | | | 7 | 1:50 | 18 | 0:07 | 1:50 |
| 7 | Eggen, S | 4 | 2:09 | 5 | 2:01 | 1 | 2:02 | 5 | 2:02 | 2 | 2:02 | 17 | 0:08 | 2:01 |
| 8 | Armbruster, E | 1 | 2:15 | 4 | 2:02 | 1 | 2:07 | 1 | 2:09 | 5 | 1:59 | 12 | 0:16 | 1:59 |
| 9 | Vukovich, C | 6 | 2:02 | 3 | 2:06 | 1 | 2:05 | 1 | 2:08 | | | 11 | 0:06 | 2:02 |
| 10 | Goetsch, P | 1 | 2:14 | 1 | 2:24 | 1 | 2:03 | 7 | 1:56 | 1 | 2:03 | 11 | 0:28 | 1:56 |
| 11 | Helland, K | 1 | 2:15 | 1 | 2:09 | 1 | 2:08 | 3 | 2:06 | 4 | 2:01 | 10 | 0:14 | 2:01 |
| 12 | Brill, M | 1 | 2:13 | 1 | 2:29 | 2 | 2:00 | 4 | 2:03 | 1 | 2:08 | 9 | 0:29 | 2:00 |
| 13 | Finch, T | 3 | 2:10 | 2 | 2:07 | 3 | 1:58 | | | | | 8 | 0:12 | 1:58 |
| 14 | Curtis, M | 1 | 2:14 | 1 | 2:15 | 1 | 2:08 | 1 | 2:15 | 3 | 2:02 | 7 | 0:13 | 2:02 |
| 15 | Swanson, R | | | | | 5 | 1:55 | | | | | 5 | 0:00 | 1:55 |
| 16 | Moen, J | 2 | 2:11 | | | 1 | 2:05 | 1 | 2:11 | 1 | 2:06 | 5 | 0:06 | 2:05 |
| 2nd & 3rd Grade - Boys | | | | | | | | | | | | | | |
| 1 | Jensen, G | 10 | 3:24 | 10 | 3:29 | 10 | 3:19 | 10 | 3:20 | 10 | 3:23 | 50 | 0:10 | 3:19 |
| 2 | Armbruster, A | 9 | 3:29 | 9 | 3:42 | 9 | 3:42 | 9 | 3:27 | 9 | 3:39 | 45 | 0:15 | 3:27 |
| 3 | Davis, L | 7 | 3:51 | 6 | 3:56 | 8 | 3:43 | 8 | 3:42 | 8 | 3:48 | 37 | 0:14 | 3:42 |
| 4 | Ellevold, B | 6 | 3:59 | 7 | 3:45 | 7 | 3:48 | 5 | 4:04 | 6 | 4:14 | 31 | 0:29 | 3:45 |
| 5 | Rems, P | 3 | 4:18 | 5 | 3:57 | 6 | 3:59 | 7 | 3:48 | 7 | 4:07 | 28 | 0:30 | 3:48 |
| 6 | Black, M | 8 | 3:44 | 8 | 3:43 | | | 6 | 4:01 | | | 22 | 0:18 | 3:43 |
| 7 | Dahlberg, K | 5 | 4:02 | 4 | 4:00 | 5 | 4:04 | 1 | 4:16 | 5 | 4:17 | 20 | 0:17 | 4:00 |
| 8 | Wallace, T | 2 | 4:30 | 3 | 4:09 | 2 | 4:25 | 4 | 4:05 | 2 | 4:31 | 13 | 0:26 | 4:05 |
| 9 | Moen, M | 4 | 4:07 | | | 3 | 4:17 | 3 | 4:05 | 3 | 4:27 | 13 | 0:22 | 4:05 |
| 10 | Trautmiller, S | 1 | 4:35 | 2 | 4:12 | 4 | 4:08 | 2 | 4:12 | 4 | 4:25 | 13 | 0:27 | 4:08 |
| 11 | Olle-LaJoie, J | 1 | 4:42 | 1 | 5:48 | 1 | 5:07 | 1 | 5:25 | 1 | 5:11 | 5 | 1:06 | 4:42 |
| 12 | Dempsey, E | 1 | 7:24 | | | | | | | | | 1 | 0:00 | 7:24 |
| 13 | Graf, B | | | 1 | 9:16 | | | | | | | 1 | 0:00 | 9:16 |

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|--------------------------------------|----------------|------|-------|------|------|------|------|------|------|------|------|--------------|---------------|-----------|
| 2nd & 3rd Grade - Girls | | | | | | | | | | | | | | |
| 1 | Goetsch, B | 10 | 3:31 | 10 | 3:34 | 10 | 3:28 | 10 | 3:32 | 10 | 3:30 | 50 | 0:06 | 3:28 |
| 2 | Eggen, A | 9 | 3:34 | 9 | 3:41 | 8 | 3:33 | 9 | 3:38 | 9 | 3:33 | 44 | 0:08 | 3:33 |
| 3 | Weyer, C | 8 | 3:49 | 8 | 3:49 | 7 | 3:55 | 8 | 3:50 | 7 | 4:00 | 38 | 0:11 | 3:49 |
| 4 | Lipinski, J | 7 | 3:53 | 7 | 4:03 | 6 | 4:09 | 7 | 3:58 | 8 | 3:50 | 35 | 0:19 | 3:50 |
| 5 | Boyd, C | 4 | 4:35 | 6 | 4:32 | 3 | 4:40 | 5 | 4:38 | 3 | 4:44 | 21 | 0:12 | 4:32 |
| 6 | Fox, R | 5 | 4:32 | | | 5 | 4:24 | 6 | 4:31 | 5 | 4:23 | 21 | 0:09 | 4:23 |
| 7 | Reetz, G | 6 | 4:43 | 4 | 4:54 | 2 | 5:03 | 4 | 4:51 | 2 | 4:48 | 18 | 0:20 | 4:43 |
| 8 | Zweifel, M | 3 | 4:39 | | | 4 | 4:28 | | | 4 | 4:44 | 11 | 0:16 | 4:28 |
| 9 | Flanigan, M | | | 5 | 4:35 | | | | | 6 | 4:19 | 11 | 0:16 | 4:19 |
| 10 | Ulrich, F | | | | | 9 | 3:28 | | | | | 9 | 0:00 | 3:28 |
| 11 | Harris, L | 2 | 5:38 | 3 | 5:10 | 1 | 5:14 | | | 1 | 5:21 | 7 | 0:28 | 5:10 |
| 4th & 5th Grade - Boys | | | | | | | | | | | | | | |
| 1 | Eggen, B | 10 | 7:11 | 10 | 7:13 | 10 | 6:57 | 10 | 7:00 | 10 | 6:36 | 50 | 0:37 | 6:36 |
| 2 | Kerr, W | 9 | 7:34 | 9 | 7:25 | 9 | 7:36 | 9 | 7:09 | 8 | 7:20 | 44 | 0:27 | 7:09 |
| 3 | Reetz, G | 7 | 8:27 | 7 | 7:58 | 8 | 7:54 | 8 | 7:42 | 7 | 7:48 | 37 | 0:45 | 7:42 |
| 4 | Olle-LaJoie, O | 8 | 8:03 | 6 | 8:01 | 7 | 8:07 | 7 | 8:12 | 6 | 8:10 | 34 | 0:11 | 8:01 |
| 5 | Flanigan, C | | | 8 | 7:26 | | | | | 9 | 7:06 | 17 | 0:20 | 7:06 |
| 6 | Black, I | 6 | 9:59 | 1 | | | | 6 | 8:57 | | | 13 | 1:02 | 8:57 |
| 4th & 5th Grade - Girls | | | | | | | | | | | | | | |
| 1 | Klinkhamer, L | 10 | 7:07 | 10 | 7:05 | 10 | 6:52 | 10 | 7:05 | 10 | 7:16 | 50 | 0:24 | 6:52 |
| 2 | Shepherd, E | 9 | 8:04 | 8 | 8:30 | 7 | 8:03 | 8 | 8:19 | 8 | 7:58 | 40 | 0:32 | 7:58 |
| 3 | Britton, I | 7 | 9:05 | 7 | 9:06 | 8 | 7:45 | 7 | 8:22 | 9 | 7:25 | 38 | 1:41 | 7:25 |
| 4 | Trautmiller, J | 6 | 9:31 | 6 | 9:22 | 5 | 9:14 | 6 | 8:48 | 7 | 8:36 | 30 | 0:55 | 8:36 |
| 5 | Pierce, E | | | 9 | 7:40 | 9 | 7:30 | 9 | 7:35 | | | 27 | 0:10 | 7:30 |
| 6 | Fox, K | 8 | 9:04 | | | 6 | 9:09 | 5 | 8:53 | 6 | 8:50 | 25 | 0:19 | 8:50 |
| 7 | Harris, A | 5 | 10:29 | 5 | 9:35 | 4 | 9:50 | | | 5 | 9:19 | 19 | 1:10 | 9:19 |
| 6th-8th / Middle - Boys | | | | | | | | | | | | | | |
| 1 | Klinkhamer, D | | | | | 10 | 6:24 | | | | | 10 | 0:00 | 6:24 |
| 2 | | | | | | | | | | | | 0 | | |
| 3 | | | | | | | | | | | | 0 | | |
| 6th-8th / Middle Race - Girls | | | | | | | | | | | | | | |
| 1 | Weyer, A | 10 | 7:13 | 10 | 6:41 | 10 | 6:40 | 10 | 6:32 | 10 | 6:32 | 50 | 0:41 | 6:32 |
| 2 | Mitchell, K | 8 | 8:54 | 6 | 9:18 | 8 | 9:10 | 8 | 8:45 | 9 | 8:51 | 39 | 0:33 | 8:45 |
| 3 | Trautmiller, J | 6 | 9:26 | 7 | 8:29 | 9 | 8:31 | 7 | 8:54 | 8 | 8:52 | 37 | 0:57 | 8:29 |
| 4 | Weidell, H | 7 | 9:25 | 9 | 8:25 | | | 6 | 9:17 | 7 | 8:53 | 29 | 1:00 | 8:25 |
| 5 | Weidell, M | 9 | 7:53 | 8 | 8:26 | | | 9 | 7:51 | | | 26 | 0:35 | 7:51 |