

Healthy Kids Running Series
Upper Dublin
Results from October 14, 2018

	Name/Race	Wk-1	Time	Wk-2	Time	Wk-3	Time	Wk-4	Time	Wk-5	Time	Total Points
Pre-K 50 Yard Race - Boys 2 yrs old.												
1	C MacWilliams	9	N/A	10	N/A	10	N/A	10	N/A	10	N/A	49
2	J Emenimadu	10	N/A		N/A	9	N/A	9	N/A	9	N/A	37
3	J Beck	6	N/A	6	N/A	8	N/A	8	N/A	8	N/A	36
4	L Mangin	7	N/A	9	N/A	5	N/A		N/A	6	N/A	27
5	S Fitzgerald	1	N/A	5	N/A	7	N/A	7	N/A	7	N/A	27
6	A Scheirer	3	N/A	8	N/A	4	N/A	6	N/A	4	N/A	25
7	J McGrath	5	N/A	7	N/A	6	N/A		N/A	5	N/A	23
8	K Rodgers	8	N/A		N/A		N/A		N/A		N/A	8
9	N Blazer	2	N/A		N/A		N/A	5	N/A		N/A	7
10	A Linton	4	N/A		N/A		N/A		N/A		N/A	4
Pre-K 50 Yard Race - Boys 3 yrs old.												
1	M Atkiss	4	N/A	10	N/A	10	N/A	10	N/A	10	N/A	44
2	G Dzedzic	7	N/A	9	N/A	8	N/A	7	N/A	9	N/A	40
3	L Hemberger	8	N/A	8	N/A	9	N/A	9	N/A	3	N/A	37
4	S Hull	9	N/A	7	N/A	7	N/A	6	N/A	4	N/A	33
5	J Murphy	6	N/A	5	N/A	6	N/A	5	N/A	8	N/A	30
6	D Chacko	5	N/A	6	N/A	5	N/A	1	N/A	6	N/A	23
7	B Dixon	1	N/A		N/A	4	N/A	8	N/A	5	N/A	18
8	J Davis	1	N/A		N/A	1	N/A	3	N/A	7	N/A	12
9	E Sahl	10	N/A		N/A		N/A		N/A		N/A	10
10	E Funt	3	N/A	4	N/A	3	N/A		N/A		N/A	10
11	R Covelli	1	N/A		N/A	2	N/A	4	N/A	1	N/A	8
12	A Hatz		N/A	3	N/A	1	N/A	2	N/A	2	N/A	8
13	S Hillman	2	N/A	2	N/A	1	N/A	1	N/A		N/A	6
14	P Ellis	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
15	L Moser	1	N/A		N/A	1	N/A	1	N/A	1	N/A	4
16	D Erfle	1	N/A		N/A	1	N/A	1	N/A		N/A	3
17	T Duke	1	N/A		N/A	1	N/A		N/A	1	N/A	3
18	T Weihenmayer	1	N/A		N/A		N/A		N/A	1	N/A	2
19	J McDermott	1	N/A		N/A		N/A		N/A		N/A	1
20	C Campana	1	N/A		N/A		N/A		N/A		N/A	1
21	P Farley	1	N/A		N/A		N/A		N/A		N/A	1
Pre-K 50 Yard Race - Girls 2 yrs old.												
1	L Blau	10	N/A	6	N/A	9	N/A	8	N/A	10	N/A	43
2	P Orechowski	9	N/A	10	N/A	7	N/A	9	N/A	7	N/A	42
3	L Szymanski	8	N/A	8	N/A	10	N/A	5	N/A	8	N/A	39

4	J Weisbrot	1	N/A	9	N/A	4	N/A	10	N/A	3	N/A	27
5	A Schroeder	5	N/A	5	N/A	3	N/A	6	N/A	6	N/A	25
6	A Willis	6	N/A		N/A	6	N/A	3	N/A	9	N/A	24
7	C King	3	N/A	7	N/A	5	N/A	7	N/A		N/A	22
8	K Saritsoglou	7	N/A		N/A	8	N/A		N/A	5	N/A	20
9	M Savage	1	N/A		N/A	2	N/A	4	N/A	4	N/A	11
10	A Lampert	1	N/A	3	N/A		N/A	1	N/A	1	N/A	6
11	A Mattioli	2	N/A		N/A	1	N/A	2	N/A		N/A	5
12	E Grunwald	4	N/A		N/A		N/A		N/A		N/A	4
13	P Goodman		N/A	4	N/A		N/A		N/A		N/A	4
14	K Mullen	1	N/A	2	N/A		N/A		N/A		N/A	3
15	M Stephenson	1	N/A		N/A	1	N/A		N/A		N/A	2
16	D Tantino		N/A		N/A		N/A		N/A	2	N/A	2
17	P Mirigliano	1	N/A		N/A		N/A		N/A		N/A	1
Pre-K 50 Yard Race - Girls 3 yrs old.												
1	N Hooper	9	N/A	9	N/A	10	N/A	10	N/A	10	N/A	48
2	K Carey	10	N/A	10	N/A	9	N/A	9	N/A	9	N/A	47
3	K Jackson	1	N/A	8	N/A	8	N/A	7	N/A	8	N/A	32
4	A Schultz	3	N/A	7	N/A	6	N/A	8	N/A	7	N/A	31
5	Q Sirchio	6	N/A	6	N/A	1	N/A	5	N/A	4	N/A	22
6	M Boylan	1	N/A	3	N/A	1	N/A	6	N/A	5	N/A	16
7	E Graybill	7	N/A	4	N/A	4	N/A		N/A		N/A	15
8	E Levy	5	N/A	5	N/A	5	N/A		N/A		N/A	15
9	E Ellis	8	N/A		N/A	3	N/A		N/A	1	N/A	12
10	A Ferrara	1	N/A	1	N/A	1	N/A	3	N/A	6	N/A	12
11	H Smith	1	N/A	2	N/A	1	N/A	4	N/A	1	N/A	9
12	H Cragle		N/A		N/A	7	N/A		N/A		N/A	7
13	W Ariyamitr	4	N/A		N/A		N/A		N/A	3	N/A	7
14	P Gray	2	N/A		N/A	1	N/A	1	N/A	1	N/A	5
15	P Varallo	1	N/A	1	N/A		N/A	2	N/A	1	N/A	5
16	M Keller	1	N/A		N/A	1	N/A		N/A	2	N/A	4
17	L Lawlor	1	N/A		N/A	2	N/A		N/A		N/A	3
18	E Grunwald		N/A	1	N/A		N/A	1	N/A	1	N/A	3
19	S Sharkey		N/A	1	N/A		N/A	1	N/A		N/A	2
Pre-K 75 Yard Race - Girls 4 & 5 yrs old.												
1	C Casale	10	N/A	10	N/A	10	N/A	10	N/A	10	N/A	50
2	M Mullen	10	N/A	9	N/A	9	N/A	9	N/A	9	N/A	46
3	E Druckenmiller	8	N/A		N/A	6	N/A	8	N/A	8	N/A	30
4	M Ehret	7	N/A	5	N/A	5	N/A	6	N/A	7	N/A	30
5	C Tantino		N/A	6	N/A	8	N/A	7	N/A	5	N/A	26
6	E Marks	9	N/A	7	N/A	7	N/A	1	N/A		N/A	24
7	A Bower	9	N/A		N/A	4	N/A		N/A	6	N/A	19
8	D Mcginley	6	N/A		N/A	1	N/A	5	N/A	4	N/A	16
9	E McElwaine	4	N/A	8	N/A		N/A		N/A	1	N/A	13
10	S Jackson	5	N/A		N/A	1	N/A	4	N/A	3	N/A	13

11	J Padro	1	N/A	4	N/A	1	N/A	3	N/A	1	N/A	10
12	Q Shellhammer	3	N/A		N/A	3	N/A	1	N/A	1	N/A	8
13	E Ruffing	2	N/A		N/A	2	N/A	2	N/A	1	N/A	7
14	P Staub	1	N/A	2	N/A		N/A	1	N/A	1	N/A	5
15	O Regan		N/A	3	N/A		N/A	1	N/A	1	N/A	5
16	C Warren	1	N/A	1	N/A	1	N/A	1	N/A	1	N/A	5
17	S Blades	1	N/A		N/A		N/A		N/A	2	N/A	3
Pre-K 75 Yard Race - Boys 4 yrs old.												
1	S Lynch	10	N/A	9	N/A	9	N/A	10	N/A	4	N/A	42
2	N Mangin	8	N/A	8	N/A	10	N/A	8	N/A	8	N/A	42
3	O MacWilliams	5	N/A	6	N/A	8	N/A	9	N/A	10	N/A	38
4	C Jackson	9	N/A	10	N/A	7	N/A	6	N/A	5	N/A	37
5	L Militello	7	N/A	7	N/A		N/A	1	N/A	9	N/A	24
6	Al Podtelezchnikov	1	N/A		N/A	4	N/A	7	N/A	7	N/A	19
8	M Hayner	3	N/A		N/A	5	N/A	3	N/A	3	N/A	14
9	R Farley	6	N/A		N/A	1	N/A	5	N/A	1	N/A	13
10	M Ferraro	1	N/A		N/A	6	N/A	4	N/A	1	N/A	12
11	S Scott	4	N/A	5	N/A	1	N/A		N/A	1	N/A	11
12	C Long	1	N/A	1	N/A	1	N/A	1	N/A	6	N/A	10
13	J Carcione	1	N/A	4	N/A	1	N/A	2	N/A	1	N/A	9
14	C Shelly	1	N/A	2	N/A	3	N/A	1	N/A	1	N/A	8
15	An Podtelezchnikov	2	N/A		N/A	1	N/A	1	N/A	2	N/A	6
16	N Moffett	1	N/A	3	N/A		N/A		N/A	1	N/A	5
17	C Scott	1	N/A	1	N/A	1	N/A		N/A	1	N/A	4
18	T Savage	1	N/A		N/A	1	N/A	1	N/A	1	N/A	4
19	C Kabinoff	1	N/A	1	N/A	1	N/A		N/A		N/A	3
20	S Evard	1	N/A	1	N/A	1	N/A		N/A		N/A	3
21	D Mattioli	1	N/A		N/A	1	N/A	1	N/A		N/A	3
22	M Mckenna	1	N/A	1	N/A		N/A		N/A		N/A	2
23	C Linton		N/A		N/A	2	N/A		N/A		N/A	2
24	C Bailey	1	N/A		N/A		N/A		N/A	1	N/A	2
25	A Miller		N/A		N/A	1	N/A		N/A	1	N/A	2
26	J Murray		N/A		N/A	1	N/A		N/A	1	N/A	2
27	A Vinoy	1	N/A		N/A		N/A		N/A		N/A	1
28	A Mahaffey	1	N/A		N/A		N/A		N/A		N/A	1
29	C Clifford	1	N/A		N/A		N/A		N/A		N/A	1
30	F Haller	1	N/A		N/A		N/A		N/A		N/A	1
Pre-K 75 Yard Race - Boys 5 yrs old.												
1	E Militello	10	N/A	10	N/A	9	N/A	8	N/A	8	N/A	45
2	C Schultz	1	N/A	1	N/A	10	N/A	10	N/A	10	N/A	32
3	Z Blau	9	N/A	8	N/A	2	N/A	7	N/A	6	N/A	32
4	E Garner	7	N/A		N/A	6	N/A	9	N/A	7	N/A	29
5	W Goodman	6	N/A	7	N/A		N/A	6	N/A	9	N/A	28
6	W Graybill	8	N/A	9	N/A	8	N/A		N/A		N/A	25
7	E Weisbrot	5	N/A	6	N/A	5	N/A	4	N/A	5	N/A	25

K & 1st Grade - Girls												
1	N Afolabi-Brown	10	1:56	10	1:57	9	1:55	10	1:47	10	1:47	49
2	E West	9	1:59	9	1:58	10	1:50	9	1:48	8	1:58	45
3	A Barna	5	2:21	8	1:59	8	1:56	8	1:56	9	1:56	38
4	L Miller	8	2:06	7	2:01	7	1:58	7	1:58	7	2:01	36
5	L Chacko	4	2:23	6	2:06	6	2:05	1	2:39	5	2:10	22
6	L Dancer	1	2:33	3	2:22	2	2:13	6	2:11	4	2:16	16
7	S Regan					5	2:09			10	1:47	15
8	E Blades	7	2:09							6	2:08	13
9	I Zhao	1	2:29	4	2:20	4	2:09	1	2:23	1	2:19	11
10	A Miller	3	2:24	2	2:23	3	2:12	2	2:22	1	2:35	11
11	K McGhiey	1	2:40	1	2:36	1	2:19	5	2:12	1	2:19	9
12	K King	1	2:40	5	2:17	1	2:20	1	2:25			8
13	A Carwheel	1	2:28	1	2:30	1	2:20	4	2:13	1	2:20	8
14	A Dixon	1	2:40	1	2:25	1	2:30	3	2:17	2	2:17	8
15	H Mullen	6	2:15			1	2:13					7
16	C Hull	1	2:35	1	2:26	1	2:17	1	2:23	3	2:16	7
17	M Hemberger	1	2:34	1	2:32	1	2:19	1	2:25	1	2:24	5
18	E Li	1	2:39	1	2:35	1	2:30	1	2:46	1	2:34	5
19	L Moore	1	2:30	1	2:38	1	2:38	1	2:49	1	2:34	5
20	R Sirchio	1	3:32	1	3:12	1	3:15	1	2:35	1	2:35	5
21	G Hoyte	1	3:28	1	3:44	1	3:26	1	3:34	1	3:40	5
24	S Caplan	1	3:01	1	2:36	1	2:38	1	2:31			4
25	E Castleman	1	2:43	1	2:24	1	2:21			1	2:36	4
26	P McGrath	1	2:44	1	2:39	1	2:30			1	2:37	4
27	C Bailey	2	2:25			1	2:18			1	2:28	4
28	M Rohrback	1	2:49	1	2:27			1	2:33	1	2:30	4
29	L Mckenna	1	2:49	1	2:42			1	2:34	1	2:42	4
30	S Troyano	1	2:34			1	2:24					2
31	S Banga	1	3:04					1	2:42			2
32	G Dumbauld					1	2:17			1	2:20	2
33	M McGranaghan	1	2:34									1
34	A Lawhorn	1	2:35									1
35	A Bower	1	2:36									1
36	C Miller	1	3:10									1
37	C Rodgers	1	3:10									1
38	M Straus					1	2:14					1
2nd & 3rd Grade - Boys												
1	W Moore	10	3:40	10	3:42	9	3:39	9	4:01	10	3:33	48
2	B Sisk	9	3:42	9	4:00	7	3:43	8	4:02	7	3:38	40
3	A Penchansky	8	3:47	8	4:03	10	3:35	7	4:03	6	4:03	39
4	B Dziedzic	7	3:52			6	3:45	6	4:06	8	3:37	27
5	C Regan					8	3:40	10	4:00	9	3:36	27
6	O Padykula	1	4:26	10	3:42	5	3:51	4	4:17	3	4:11	23
7	J Hull	2	4:17	2	4:11	3	3:57	1	4:34	5	4:08	13
8	J McDermott	5	4:05			4	3:56	2	4:20			11

9	B Lynch	1	4:19	5	4:09	2	3:58	3	4:18			11
10	J Ellis-Clarke	6	4:00					5	4:10			11
11	A Hummel			7	4:03	1	4:15	1	4:43			9
12	N Caplan	1	4:18	6	4:07	1	4:24	1	4:40			9
13	N Saiber	3	4:17	3	4:10			1	4:35	1	4:24	8
14	L McCaffery	4	4:10							4	4:09	8
15	A Padykula	1	5:08	4	4:10	1	4:35					6
16	W Padro	1	4:52	1	4:32	1	4:33	1	4:52	2	4:13	6
17	D Ruggieri	1	5:11	1	4:48	1	4:27	1	5:20	1	4:31	5
18	E Scott	1	5:00	1	4:23	1	4:52			1	4:34	4
19	N Lazor	1	5:29			1	5:39	1	5:35			3
20	J Lasher			1	4:40	1	5:04					2
21	C Gresehover	1	4:21			1	4:30					2
22	R Banga	1	5:29					1	5:30			2
23	M Buterbaugh					1	4:26			1	4:18	2
24	M Mellor	1	4:30									1
25	B Campana	1	4:43									1
26	C Cornett	1	4:44									1
27	T Micklos	1	5:30									1
28	N Mahaffey	1	6:15									1
29	C Miller	1	6:38									1
2nd & 3rd Grade - Girls												
1	H Williams	10	3:41	10	3:48	6	4:08	10	3:40	10	3:39	46
2	K DeFeo	7	3:58	8	3:59	7	3:57	8	3:53	9	3:42	39
3	G Farrell	4	4:12	8	3:59	8	3:52	9	3:43	7	3:48	36
4	M Williams	6	4:05	9	3:56	1	4:56	7	4:03	8	3:46	31
5	A Cush	3	4:20	7	4:10	4	4:13	6	4:07	5	4:04	25
6	M Bergson-Conklin	5	4:11	8	3:59					6	3:48	19
7	O Daudt	9	3:47			9	3:45					18
8	J Coursey	8	3:54			10	3:34					18
9	A Bellinzoni	1	5:09	4	4:22	3	4:16	4	4:12			12
10	S Murray			6	4:15	2	4:17			3	4:25	11
11	C Lynch	1	5:12	3	4:23	5	4:11	1	4:45			10
12	B Freeman	1	5:24	2	4:24	1	4:49	5	4:10	1	4:51	10
13	A Salerno			5	4:20	1	4:25	3	4:16			9
14	C Hooper	2	4:21	1	4:27	1	4:21	2	4:19	1	4:40	7
15	H Erfle	1	4:31			1	4:51	1	4:30	4	4:15	7
16	B Cragle	1	5:27	1	5:27	1	5:48	1	5:19	1	4:35	5
17	G Hoyte	1	5:48	1	7:21	1	5:23	1	5:29	1	5:21	5
18	M Fricker	1	5:38			1	5:38	1	5:15	1	5:31	4
19	E Levin	1	4:37					1	4:44	2	4:26	4
20	S Gipson	1	5:06	1	4:27	1	4:31					3
21	E Donohue	1	5:36			1	5:30			1	5:08	3
22	A Krissel	1	5:46			1	4:52			1	6:11	3
23	E Miller	1	5:45					1	5:16	1	4:47	3
25	C McLaughlin	1	5:44	1	5:26							2

26	M McElwaine	1	6:48	1	9:18							2
27	S Lambert			1	7:52							1
28	M Straub	1	5:46									1
4th & 5th Grade - Boys												
1	E Regan	8	10:15	10	7:29	10	7:21	8	7:47	9	7:12	45
2	T Saiber	7	10:18	9	0.53	9	7:23	9	7:30	8	7:15	42
3	F Regan	3	10:53	7	8:09	8	7:47	7	8:32	7	7:19	32
4	C Bergson-Conklin							10	7:29	10	6:35	20
5	L Malkiel			6	9:10	4	9:25	6	9:26	3	9:32	19
6	E Blades	10	10:06							6	7:59	16
7	T Afolabi-Brown	1	12:14			5	9:02	5	10:23	4	8:29	15
8	C Han	5	10:40	8	7:51							13
9	J Coursey	6	10:33			7	7:51					13
10	J Bailey	2	11:44			6	8:27			5	8:05	13
11	A Medina	9	10:13			3	10:08					12
12	J McGriff	4	10:43			2	10:43			2	10:00	8
4th & 5th Grade - Girls												
1	N Williams	9	10:47	10	7:55	10	8:09	8	8:33	9	7:39	46
2	S Leonard	6	11:52	8	8:25	8	8:22	9	8:26	7	8:18	38
3	M Regan			9	8:04			10	8:02	10	7:22	29
4	A. Gipson	4	13:30	6	9:21	6	9:10	7	8:50	5	8:34	28
5	I Munski	7	11:50			7	8:28	6	8:54	6	8:20	26
6	G Weik	8	11:21	5	10:41	4	11:20	4	11:47	1	10:10	22
7	M Salerno			7	8:31	9	8:18					16
8	K McDermott	5	11:58			5	11:04	5	11:09			15
9	M McGranaghan	10	9:56									10
10	N Regan									8	8:17	8
11	C Regan									4	9:10	4
12	J Micklos	3	13:52									3
13	E Regan									3	9:31	3
14	G Simone									2	9:43	2
6th-8th / Middle - Boys												
1	A Li	8	19:31	8	14:48	8	18:47	8	12:55	9	11:09	41
2	K Sadeghi	10	10:20	9	9:55	9	11:10	9	10:56			37
3	L Yang	9	11:48					10	7:55	10	7:52	29
4	V Lasher			10	9:15	10	7:14					20
6th-8th / Middle Race - Girls												
1	G Freeman	9	10:56	10	7:37	10	7:42	10	7:56	10	7:21	49
2	T Wheelock	8	18:13			8	10:50	9	12:08			25
3	B Micklos	10	10:00									10
4	C Reis					9	9:28					9